

SKI TRIP SANTA CATERINA 2020 KIT LIST

Ski Wear

Ski class recommend the following, these are essential:

- Waterproof anorak or ski jacket
- Salopettes or ski pants
- Ski gloves
- Goggles
- Sunglass (UV protection with a cord)
- Ski hat/beanie
- Lip salve and a high factor sun cream (at least factor 30)
- Ski socks (minimum of 2 pairs)
- Layers of clothes – base layers, sweatshirts or/and fleeces.
- Bum bag or rucksack
- Snood, neck protection or scarf

**** Ski helmet / skis and boots are provided by the ski company****

Leisurewear

- The academy recommends the following:
- Après ski boots or heavy shoes
- Jeans and trousers (minimum of 2 pairs)
- T-shirts (minimum of 3)
- Changes of underwear and socks
- Sweatshirts or fleece (minimum of 3)
- Nightwear
- 1 bath towel (not all hotels provide towels)

Other items:

- Toiletries – soap, toothpaste & toothbrush, shampoo, shower gel and other personal items
- Personal first aid – tablets, plasters (strip variety recommended)
- Minimum of 90 Euros